

## **BGC EQUIPMENT SANITATION FACT SHEET**

At BGC, our priority is to safeguard the health and wellbeing of our gymnasts, families, staff, and the wider community. In line with the current Government and Industry guidelines, you will notice some significant but necessary changes around the club. First and foremost,



### **IF YOUR CHILD IS UNWELL, DO NOT SEND THEM TO CLASS!**

Equipment/surface sanitisation and cleaning will be routinely performed and recorded on an accountability checklist. To clean standard surfaces such as metal, laminate, vinyl and glass etc, there are multiple antibacterial products available for use. By following the individual product instructions, these surfaces will be sanitised as per industry guideline schedules.

There are multiple items of equipment in the club, that have unusual surfaces. Some of these surfaces are:

Fibreglass/Super-wood Uneven Bar & Parallel Bar Rails	Suede Beam and Vaulting table covers
Leather Pommel & Buck	Wood handles & wood wall bars
Rings	High Bar

Unfortunately, with unusual surfaces, not even equipment manufacturers themselves know how to sanitise them safely without compromising the product itself. This is not just an Australian issue, but one that being experienced all over the world. Gymnastics Australia have said that 'Spieth and AMCO are currently working on a sanitising product that will be able to be applied to all apparatus including beam, vault, and uneven bar rails without causing any damage. This product is currently being finalised and tested along with medical experts in Europe. We hope to have this available with all accompanying documentation explaining exactly what the use of this product will achieve against the spread of COVID-19 as soon as possible.' Until the time that this product is available, it has been advised that all gymnasts must to use sanitiser on **both** hands and feet prior to using these items of equipment. BGC have decided that after an equipment rotation where magnesium (mag/chalk) is used, gymnasts will be required to wash hands thoroughly with antibacterial liquid soap and water in the bathrooms.

We have created two checklists for the purpose of sanitisation and accountability. For equipment and surfaces, we have created the '**Equipment Sanitation Checklist**'. In this checklist, the gym has been broken down into zones. Each 'zone' will have a list of specific equipment within that area, what method is required to clean each surface, the regularity with which it must be cleaned (session/weekly) and a signoff for each time when it has been completed. Staff members will be provided with protective wear and training to effectively complete the required equipment and surface cleaning. This cleaning regime will be done with the least disruption to class operation as possible.

Each zone has another checklist and this list is called the '**Rotation Coach/Gymnast Sanitisation Accountability Checklist**'. The list for each zone highlights how the coach and gymnasts are to sanitise prior to and after that equipment rotation. This checklist contains rotation times and coach and supervisor signoffs (for both prior and after equipment usage) for accountability purposes. The time taken to complete this spreadsheet will be minimal and will have little to no interruption to classes.

All completed Equipment Sanitation Checklists and Rotation Coach/Gymnast Sanitation Accountability Checklists will be kept on file at the club. Please see an outline of the sanitation required for each 'zone' below:

**Ground Floor (Downstairs)**

<b>ZONE 1 VAULT</b>	Sanitise hands before and after rotation.
<b>ZONE 2 BARS</b>	Sanitise hands and feet before rotation. Sanitise feet and wash hands with antibacterial wash after rotation.
<b>ZONE 3 BEAM</b>	Sanitise hands and feet before rotation. Sanitise feet and wash hands with antibacterial wash after rotation if used chalk.
<b>ZONE 4 FLOOR</b>	Sanitise hands before and after rotation
<b>ZONE 5 BOYS</b>	Sanitise hands and feet before rotation. Sanitise feet and wash hands with antibacterial wash after rotation if used chalk.

**Mezzanine (Upstairs)**

<b>ZONE 6 MUSHROOM</b>	Sanitise hands and feet before rotation. Sanitise feet and wash hands with antibacterial wash after rotation if used chalk.
<b>ZONE 7 STRENGTH</b>	Sanitise hands and feet before rotation. Sanitise feet and wash hands with antibacterial wash rotation if used chalk.
<b>ZONE 8 MULTI PURPOSE ROOM</b>	Sanitise hands before entry and after exiting

We hope that by working together we can create a happy and safe space where our gymnasts can enjoy getting back to loving their gymnastics.

**IF YOU ARE CONCERNED YOURSELF OR A FAMILY MEMBER HAS CONTRACTED THE VIRUS AND NEED MORE INFORMATION, PLEASE CALL THE 24-HOUR CORONAVIRUS HOTLINE ON 1800 675 398**



**RETURN TO GYMNASTICS**

Gymnastics Victoria

Icons: Social distancing (1.5m), Hand hygiene (hand with sanitizer), Equipment sanitization (spray bottle), Disinfectants (bottles).